



**Lyndsey Garbutt, Senior Specialist Occupational Therapist
South Tees NHS Trust**

Lyndsey qualified in 2008 and has experience working in the Integrated Occupational Therapy Service (IOTS) in Teesside in both health and social care settings.

Lyndsey is the OT lead for the Medicine, Surgery and Cardiology Occupational Therapy team in James Cook University Hospital, Middlesbrough. The team has recently secured funding for a permanent OT post on the critical care and is hoping to develop and grow the OT service on the critical care wards.

Lyndsey has a specialist interest in the management of plus sized patients and occupational therapy in critical care.