

Support Groups 2024

The North of England Critical Care Network has been working alongside the Critical Care Units within the region to set up ex-patient/relative satellite support groups. Some groups are registered by ICUsteps and some are new support groups.



25th January
29th February
29th March
25th April
30th May
27th June
25th July
29th August
26th September
31st October
28th November

2pm – 4pm
Sheriff Hill
Methodist Church
86 Sheriffs Highway
Gateshead
NE9 5UQ



17th January
28th February
10th April
29th May
10th July
21st August
25th September
6th November
18th December

2pm – 4pm
St. Cuthbert's
Parish Centre
Stokesley Road,
Middlesbrough,
TS7 8JU



31st January
27th March
29th May
31st July
25th September
27th November

1pm-3pm
Gosforth St. Nicholas,
Church Rd,
Newcastle upon Tyne
NE3 1BJ



7th February
3rd April
5th June
7th August
2nd October
4th December

6pm-8pm
St John's
Church Hall,
Hensingham,
Whitehaven



4th January
7th March
2nd May
4th July
5th September
7th November

6-8pm
Yewdale Community
Centre,
Hutton Way,
Carlisle.



TBC
2pm-4pm
St Luke's Church,
Pavillion,
Merle Terrace,
Sunderland,
SR4 6SF

Our local groups offer on-going support to patients following their stay in critical care. Coming together helps develop support and reassurance to both patients and relatives and dispels many of their worries. Healthcare professionals often attend these meetings and are happy to offer advice and support if needed. Please join us for a cuppa and a chat!